



Willows Recreation Department  
Water Aerobics 2016

The Willows Recreation Department's water aerobics classes will be held at the City Pool located at 815 West Laurel Street.

We offer classes on Monday, Tuesday, Thursday and Friday. Each day of the week is a standalone class. Class time is from 5:30 p.m. to 6:30 p.m.

**Monday** class dates are as follow: June 20, & 27 July 11, 18, & 25 and August 1. This class fee is \$24.00 (No class on July 4)

**Tuesday** class dates are as follows: June 21, & 28, July 5, 12, 19 & 26 and August 2. This class fee is \$28.00

**Thursday** class dates are as follows: June 23, 30 July 7, 14, 21, 28 and August 4. This class fee is \$28.00.

**Friday** class dates are as follows: June 24, July 8, 15, 22, 25 and August 5. This class fee is \$24.00. (No class on July 1)

Each classes will need a minimum of 12 students. Instructor is Kathi Meckfessel.

Students to bring an exercise noodle to class.

Please pre-register at the Willows Recreation Department 201 North Lassen Street, Willows, CA 95988. Tuesday through Friday from 10 a.m. to 12 noon and 2:00 p.m. to 4:30 p.m. You may mail in our registration with payment to the same address. Students must fill out a registration form. More information at [www.cityofwillows.org](http://www.cityofwillows.org).

For more information you may call the Recreation Department at 530 934-7043